

We are open Monday - Thursday: 9am - 5pm and Friday: 9am - 4pm.

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July Newsletter

Welcome back to our July newsletter! We hope you all have been keeping well and enjoying this beautiful weather. As you know we like to keep you up to date with what is going on in our practice so we have a few things to talk to you about today...

Hannah attended our practice as she had been considering cosmetic dental work for some time but was always worried she wouldn't be able to achieve her desired result. On Hannah's first appointment we took a digital 3D scan and we were able to look at this along with Hannah and discuss what changes she would like to make. In Hannah's lovely words she "felt in excellent



hands with Glenda and Sarah as their professional manner put me at ease and they kept me informed at each step of the way, they also gave me all the options available and went through what each would mean". Hannah then decided to go ahead with composite bonding on her upper front teeth.

"I can only say that the attention to detail was more than present, and I am overjoyed with my new smile! This has totally uplifted my confidence, I am no longer self-conscious and covering my mouth to laugh or smile, I'm proud of my big grin and amazing new teeth and the compliments from friends and family who are stunned by the difference and how natural my smile looks. I cannot give enough thanks to Sarah and the team for all their hard work". We have added Hannah's before and after photos. What a difference this has made! Sarah has achieved a whiter, brighter and more even appearance.



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Do you know if you have Invisalign clear braces here in Helens Bay Dental? If your teeth are

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crowded, unevenly spaced or have shifted since you were younger Invisalign braces can help you attain that natural, arresting smile that only straightened teeth can give.

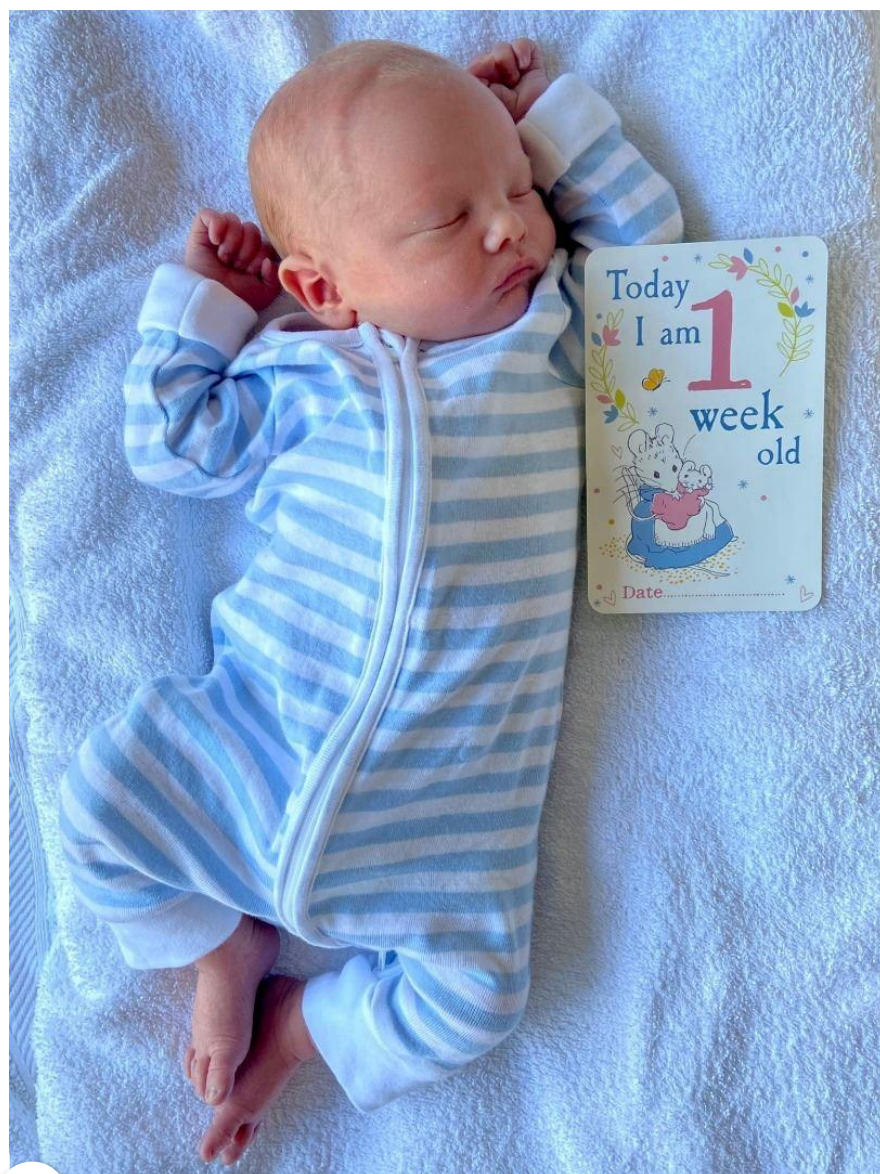
Invisalign braces are the invisible alternative to traditional orthodontics, using a series of clear aligners invisible braces comfortably adjust your teeth without your mouth being poked by metal wires and brackets.



Unlike their traditional metal counterparts Invisalign braces removable, these remarkably invisible braces which are available at our practice can be taken out when you eat, floss or clean your teeth.

3D computer imaging technology is used to design and plan your smile. A series of custom made clear aligners are then manufactured ready for fitting! The individual aligners move your teeth little by little and are generally worn for 2 weeks each, by the time you are wearing your final aligner your teeth will be in the desired position.

And at last but certainly not least one of our front of house team Victoria welcomed a beautiful baby boy at the end of May.... welcome to the team Milo! Big congratulations to Victoria from all at Helens Bay Dental.



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